

Annual Physical Exam Guide

Annual Physical Exams include an appropriate history/exam with risk counseling and/or quality intervention.

Extent of exam depends on the age and gender of the patient. This service is covered once per calendar year.

A successful Annual Wellness Visit will:

Identify patients who need disease management or intervention.

Improve meaningful data exchanges between health plan and providers.

Improve quality of care provided and patient health outcomes.

The medical record **must** support all diagnoses and all services billed on the claim

- Address all conditions that require or affect patient care, treatment or management
- Thoroughly document the specific diagnoses and care plan
- Code to the highest specificity using ICD-10 Guidelines
- Consider including CPT II® codes to provide additional details
- Submit claim/encounter data for each service rendered
- Ensure all claim/encounter data is accurate and submitted in a timely manner

Coding & Documentation

Exam Type	Initial CPT®	Subsequent CPT
Age 0	99381	99391
Age 1-4	99382	99392
Age 5-11	99383	99393
Age 12-17	99384	99394
Age 18-39	99385	99395
Age 40-64	99386	99396
Age 60+	99387	99397

Separate Evaluation and Management¹

- Provider may perform separately identifiable services 99202 - 99215, 99381 - 99387, 99391 - 99397, on the same day.
- The components of both the AWW and the Routine Physical Exam must be met and documented.
- Report E/M and routine physical with modifier -25 when performed on the same date.
- If the provider's time is spent in the supervision of clinical staff who perform the face-to-face services of the encounter, use 99211.
- A separately identifiable E/M service may be reported if prompted by symptoms or chronic conditions assessed during the annual physical. Select the appropriate level of E/M services based on the following:
 1. The level of the medical decision making as defined for each service; or
 2. The total time for E/M services performed on the date of the encounter.

- Focused on modifiable risk factors and disease prevention

- No chief complaint/Not due to present illness
- Complete systems review
- Past medical, social, and family history
- Pertinent risk factors
- Risk factor and age appropriate counseling, screening, labs, tests, and vaccines

- Documentation should include

- Status of chronic conditions that are not significant enough to require additional work-up
- Description and care plan for minor problems that do not require additional work-up
- Orders and/or referrals

¹<https://www.ama-assn.org/system/files/2019-06/cpt-office-prolonged-svs-code-changes.pdf>

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Additional Services Refer to the current CPT Coding Manual	
Included with Exam	Covered Separately
Preventive Medicine Counseling, Individual	Screenings Vision Hearing
Smoking / Tobacco Cessation	Developmental Vaccines Toxoid Administration
Alcohol / Substance abuse Screening and Intervention	Risk/benefit counseling
Other additional preventive services	Ancillary Studies Laboratory Radiology Other procedures

ICD-10: Encounter for general medical exam
Report the documented reason for the encounter as the primary diagnosis code and assign additional diagnosis codes if applicable. Follow the current year's Official ICD-10-CM Guidelines for Coding and Reporting.
...infant exam 7 days and younger, Z00.110 Use when identifying health supervision for newborn under 8 days old.
...infant exam 8 to 28 days, Z00.111 Use when identifying health supervision for newborn 8 to 28 days old.
...child exam with normal findings, Z00.129 Use when conditions are stable or improving. Report additional codes for chronic conditions.
...child exam with abnormal findings, Z00.121 Use when any abnormality is found during the visit. Report additional codes for all existing conditions.
...adult exam with normal findings, Z00.00 Use when conditions are stable or improving. Report additional codes for chronic conditions.
...adult exam with abnormal findings, Z00.01 Use when any abnormality is found during the visit. Report additional codes for all existing conditions.

HEDIS® Measures			
Prevention / Visits	Schedule Screenings	Diabetes	Medication Management
Blood Pressure Control Immunizations Well-Child Visit Weight Assessment and Counseling for Children & Adolescents	Colorectal Cancer Breast Cancer Cervical Cancer Diabetic Eye Exam Annual Dental Visit	HbA1c Testing & Control Kidney Health Evaluation Nephropathy Screening	Asthma Antidepressants ACE/ARB Statins Diabetes medications

For additional resources, contact our Provider Relations team at Providers@ARHealthWellness.com

NOTE: Follow ICD-10-CM/CPT/HCPS Guidelines for Coding and Reporting at <https://www.cms.gov>.
HEDIS measures can be found at <https://www.ncqa.org>